

#WeCanWeWill

YOU HAVE THE POWER TO CHANGE ATTITUDES ABOUT MENTAL HEALTH.

JOIN THE MOVEMENT. TOGETHER, #WECANWEWILL



[TIMETOCHANGEWALES.ORG.UK/WECANWEWILL](https://www.time-to-change-wales.org.uk/we-can-we-will)

let's end mental health discrimination
time to change
Wales

hafal

for people with severe mental illness

Gofal
Thinking Differently

mind Cymru
to better mental health
to build a better future

 
LOTTERY FUNDED