

## Time to Change Wales Evaluation Headline Findings Anti-Stigma Training Module for Healthcare Professionals in Wales



99% thought the training clarified the role of healthcare professionals in reducing patient stigma.



96% found the content of the training relevant to their job role/workplace.



90% rated the information they received prior to the training as having accurately described the purpose of the training.



99% of attendees rated the trainer's knowledge on the topic as very good/good.



Trainees rated the training 9.4 out of 10!

Time to Change, the stuff they taught me, or I learnt from them was really important.

**Local health board representative**

It definitely opened my eyes so I can't thank you guys enough, really. It was really good.

**Healthcare Professional**

Those statements, those examples that were given, they were really poignant, and it drove home how deep stigmatisation is within a service which I didn't expect it to be to that degree.

**Healthcare Professional**

The powerful experiences of lived experience, and listening to people who've walked those shoes, we can understand them in ours. Then obviously, the experiences start to balance that up, it was very fair in its execution in terms of, 'This is our experience,' but also 'Let's look at our staff as well.' I absolutely loved it, both me and [redacted] came out buzzing. I want more.

**Local health board representative**